



Multidisciplinary Association of Spinal Cord Injury Professionals

25TH ANNUAL CONFERENCE

Cheers to 25 Years!

'What have we learnt and where are we going?'

16th November 2023

PROGRAMME

08:55 – 09:10 AGM

Benita Hexter, MASCIP Committee Chairperson

09:15 – 10:15 **KEYNOTE:** Implementation of the National SCI transformation project (sponsored by Brethertons).

Dr. Emer McGilloway, Consultant in Rehabilitation Medicine, King's College Foundation Trust (09:15 – 09:45) - The London experience

Dr. Raef Dahab, Consultant in Rehabilitation Medicine, Salford Royal NHS Foundation Trust (09:45 – 10:15) - The Greater Manchester experience

10:15 – 10:30 The evolution of the London Spinal Cord Injury Centre outreach service.

Emma Cook, London Spinal Cord Injury Centre, Stanmore

10:30 – 10:40 Paul Kennedy Bursary Award Winner 2022.

Helen Thrussell, National Spinal Injuries Centre, Stoke Mandeville

10:40 – 11:10 COFFEE

11:10 – 11:45 **KEYNOTE:** The role of the charitable sector now & in the future, for people affected by SCI (sponsored by Coloplast).

Mr. Nik Hartley, Chief Executive Officer, Spinal Injuries Association

11:45 – 12:00 Spinal cord injury adults and rehabilitation professionals' perceptions of an infographic and videos promoting evidence-based exercise guidelines: a focus group study.

Lynsey Speirs, Loughborough University

12:00 – 12:15 Closing the gap between literature and practice: evaluation of a nutrition patient education programme in patients with spinal cord injury.

Kathryn Tilbrook, National Spinal Injuries Centre, Stoke Mandeville



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12:15 – 12:30 The perils of screening: When a little knowledge is worse than none.

Dr. Parashar Ramanuj, London Spinal Cord Injury Centre, Stanmore.

12:30 – 13:50 LUNCH

13:50 – 14:00 MASCIP Bursary Winner 2023.

Paula Keane, National Rehabilitation Hospital, Dublin

14:00 – 14:35 KEYNOTE: A 25-year journey: Strengthening SCI Services in low income countries; Lessons learnt – More to do.

Mr. Stephen Muldoon, Organisational Strategy Consultant

14:35 – 14:50 Understanding SCI nurses' decision-making in preventing pressure injuries.

Evangeline Martinez, London Spinal Cord Injury Centre, Stanmore.

14:50 - 15:05 Over 25 years of goal planning in SCI care: what have we learnt and where should we be going?

Dr. Jane Duff, National Spinal Injuries Centre, Stoke Mandeville

15:05 – 15:20 “No one ever has enough time” - Evaluation of a ward based staff teaching programme to enhance psychological care.

Dr. Rebecca Ellis, Yorkshire Regional Spinal Injuries Centre

15:20 – 15:45 TEA

15:45 – 16:00 Occupational therapy: A critical transformation improvement component in adapting the building blocks of resilience bringing back emotional closeness and physical intimacy within spinal cord injury (SCI).

Mehdi Belbahi, Duke of Cornwall Spinal Treatment Centre, Salisbury

16:00 – 16:35 KEYNOTE: The personal experience of a health-care professional in dealing with SCI (Sponsored by Aspire Law).

Mr. Mo Belal, Consultant Urological Surgeon; Queen Elizabeth Hospital, Birmingham

16:35 – 16:45 Awarding of prizes.

16:45 – 16:55 Conclusion

Benita Hexter, MASCIP Committee Chairperson