



Multidisciplinary Association of Spinal Cord Injury Professionals

## 26TH ANNUAL CONFERENCE

Collaboration for Quality  
'Across the continuum of care'  
21<sup>st</sup> November 2024

### PROGRAMME

#### 09:00 – 09:20 Annual General Meeting

Benita Hexter, MASCIP Committee Chairperson

### BEYOND SPINAL CORD INJURY CENTRES

#### 09:20 – 09:35 Implementing a multi-modality respiratory weaning intervention for adult critical care patients mechanically ventilated with cervical spinal cord injury: A quality improvement project.

Tammy Lea, Physiotherapist, University Hospitals Birmingham

#### 09:35 – 09:50 How can Inpatients with Spinal Cord Injuries be best prepared for their first-time transition and admission to a Specialist Spinal Cord Injury Centre?

Dr. Liz Pounds-Cornish, Clinical Psychologist, NSIC, Stoke Mandeville

#### 09:50 – 10:05 East of England transformation project for SCI

Rachel Rowlingson, Occupational Therapist, Cambridge University Hospitals

#### 10:05 – 10:20 Collaboration between the NHS and private sector: can we work together to improve rehabilitation and quality of life for those with SCI?

Amy Hartley, Physiotherapist, Steps Rehabilitation

#### 10:20 – 10:50 MORNING COFFEE

### EDUCATION

#### 10:50 – 11:20 Patient education: how to do it best.

**Keynote speaker** - Jason Gunn, Peer Education Lead, NSIC, Stoke Mandeville

**Sponsored by Brethertons Solicitors**

#### 11:20 – 11:35 Patient education outcomes data

Remy Ling, Patient Education Manager, Aspire

#### 11:35 – 11:50 A survey of staff's ability and confidence in teaching inpatients on a specialist rehabilitation ward

Patience Akiri, Unit Nursing Manager, London Spinal Cord Injury Centre, Stanmore.



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**11:50 – 12:05 Rehabilitation Coaching Service**

Alice Watt, Rehabilitation Coaching Team Lead, University Hospital of Llandough

**12:05 – 12:15 MASCIP Bursary Winner 2023: Foot care & SCI**

Mandy Lelitte, Tissue Viability Nursing Assistant, NSIC, Stoke Mandeville

**12:15 – 12:25 MASCIP/Paul Kennedy Bursary Winner 2024: Acceptance and Commitment Therapy in SCI**

Dr. Aisling Lennon, Clinical Psychologist, National Rehabilitation Hospital, Dublin

**12:25 – 13:45 LUNCH**

**NEUROGENIC BOWEL MANAGEMENT**

**13:45 – 14:15 “Decisions, decisions....”**

**Keynote speaker** - Mr. Arnold Goede, Consultant Colorectal Surgeon, Buckinghamshire Healthcare NHS Trust

**Sponsored by Tetra Live-in Care**

**14:15 – 14:30 The Transformations and Challenges of Colostomy following SCI**

Dr. Michelle Boucher, Clinical Nurse Specialist, Salisbury NHS Foundation Trust

**14:30 – 14:40 MASCIP/Paul Kennedy Bursary Winner 2024: Patient focussed bowel care video**

Paula Keane, Advanced Nurse Practitioner, National Rehabilitation Hospital, Dublin

**14:40 – 15:10 AFTERNOON TEA**

**HEALTH & WELLBEING**

**15:10 – 15:25 Effects of neuromuscular electrical stimulation combined with protein supplementation on skeletal muscle mass in people with motor complete spinal cord injury – a randomised controlled pilot study.**

Prof. Vicky Tolfrey, Loughborough University

**15:25 – 15:40 Arm cycling exercise in subacute patients with SCI**

Dr. Shin-Yi (Chloe) Chiou, Associate Professor, University of Birmingham

**15:40 – 15:55 Weight trajectory for SCI patients in acute care**

Harriet Clapham, Dietitian, Princess Royal Spinal Injuries Centre, Sheffield

**15:55 – 16:10 Cross-site evaluation of nationally recommended psychological screening measures**

Dr. Olivia Ferrie, Clinical Psychologist, University Hospital Southampton

**16:10 – 16:20 Awarding of prizes.**

**16:20 – 16:30 Conclusion**

Benita Hexter, MASCIP Committee Chairperson